



## PALINSESTI CORSI ACQUA FITNESS - ESTATE 2018

LUNEDI

10,45 - 11,30 AQUATONE

18,45 - 19,30 AQUAPOWER

MARTEDI'

13,00 - 13,45 PILATES  
EMOTION

19,15 - 20,00 AQUA  
MAMI

MERCOLEDI'

19,15 - 20,00 AQUA  
FITNESS

GIOVEDI'

10,45 - 11,30 AQUATONE

13,00 - 13,45 AQUA  
MAMI

18,45 - 19,30 AQUA  
POWER

VENERDI'

13,00 - 13,45 PILATES  
EMOTION

SABATO

12,45 - 13,30 AQUA  
POWER

AQUAMAMI  
AQUA TONE  
PILATES EMOTION  
AQUA POWER  
AQUA FITNESS